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AI-generated content may be incorrect.

**IV Sedation – Pre-Procedure Patient Instructions**

Before your sedation appointment…

Things to do/remember the day before your appointment:

* **Do NOT** consume alcohol – this can affect the level of consciousness, and the dentist cannot safely sedate you.
* **Do NOT** smoke/vape for at least 1 week prior – smoking significantly impacts the respiratory functions and may lead to serious complications during IV sedation.
* **Do NOT** take any additional medications – (including non-prescription or supplements) unless you discuss these with the dentist.
* **Do NOT** eat or drink anything during the 8 hours prior to your procedure – the only exception is drinking water up to 3 hours before your appointment (along with any prescription medication).

The morning of your appointment:

* Take any medications as instructed by the dentist prior to your appointment.
* Ensure you can breathe easily, and your nose is clear
* Your escort must accompany you to your appointment and be immediately available until your release.
* Please leave any valuables with your escort or at home.
* Please remove contact lenses and any jewelry, nail polish, rings, or watches.
* Wear short sleeves and loose fitting, comfortable clothing.
* Please arrive 10-15 minutes prior to your appointment time.

**If you do not adhere to the above, we may not be able to safely proceed with your appointment. This will result in forfeiting your pre-paid fee for the appointment.**

**We reserve the right to cancel/stop the appointment at any time for the safety and comfort of the patient.**